

VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM**B.P.E.S./ B.Sc(P.Ed) DEGREE EXAMINATION – November 2018****First Semester****FOUNDATION AND HISTORY OF PHYSICAL EDUCATION**

Time: Three hours

Maximum: 75 marks

PART – A (10 x 2 = 20 marks)Answer any **TEN** questions. All questions carry equal marks.

1. Definition of Physical Education.
2. Define: Physical Training.
3. Define: Muscle tone.
4. Write about the mental age.
5. Define: Learning.
6. Write about the any two kinds of learning.
7. Who invented the modern Olympic Games?
8. Write down the Olympic oath.
9. Expansion of SNIPES.
10. Write down the any two award name for sports persons.
11. Expansion BDS.
12. What for Dhronochariya Award is given in sports?

PART – B (5 x 5 = 25 marks)Answer any **FIVE** questions. All questions carry equal marks.

13. Write down any two definitions for Physical Education.
14. Explain about Sheldon body type of classification.
15. Explain Trial and Error learning theory.
16. Write about the Ancient Olympic Games.
17. Explain the Learning Curve in Sports.
18. Explain about any two Laws of Learning.
19. What are the contributions for developing Sports Performance NSNIS?
20. Explain about the Maulana Abdul Kalam Azad Award.

PART – C (3 x 10 = 30 marks)Answer any **THREE** questions. All questions carry equal marks.

21. Write an essay on aim and objectives of Physical Education.
22. Explain about biological development of Human age.
23. Explain about the any two types of theory of Learning.
24. Write in detail Physical Education in Athens.
25. Explain about the contributions of YMCA for promoting sports.
